

Bus Schedule

*See map for bus locations

Bus from Iiyama Station to Madarao Kogen		
9/13 (Sat)	Departs 8:50/11:10/13:10/15:40	Departs from: JR Iiyama Station (Madarao Exit)
Madarao Kogen Loop Shuttle Bus (*2)		
9/13 (Sat)	11:00 – 19:20 (loops every 20 minutes) Last bus at 19:20 (departs from Restaurant Heidi after the start of the 100mile race) (*2) This free shuttle bus loops around the Madarao Kogen hotel area and Heidi Restaurant. The entire loop takes around 20 minutes.	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kogen Hotel, Parking Lot #5, Bounandai MAP
Madarao Kogen Loop Shuttle Bus (*2) (For 110km)		
9/14(Sun)	3:30 – 4:40 (loops every 20 minutes)	<Bus stops> Restaurant Heidi, Nozomigaoka, Parking Lot#5, Parking Lot#2 Bounandai
100mile Pacer shuttle bus (From Madarao Kogen Hotel to Kurohime Kogen Hotel)		
9/14(Sun)	Depart 3:30 Madarao Kogen Hotel Arrive 4:40 Kurohime Kogen Hotel	The bus will stop by a convenience store. (The aid station is about a 7 minutes walk from the Kurohime Kogen Hotel)
110km Pacer shuttle bus (From start line to Sasagamine Cutoff point #2)		
9/14(Sun)	Depart 7:00 Restaurant Heidi Arrive 10:30 Sasagamine Aid Station	The bus will stop by a convenience store and spectator spots along the way.
From Finish Line(Highland hall Iizuna) to Madarao Kogen (Madarao Moutain Lodge)		
9/14(Sun)	15 :00 – next day 4:30 (every 30 minutes) For the Mountain Lodge, get off at “Madarao kogen Hotel”.	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kogen Hotel, Parking Lot #5, Bounandai(no stops), Monair Madarao Stops by convenience store.
From Madarao Kogen (Mountain Lodge) to Awards Ceremony		
9/15(Mon)	Depart 10:20 Madarao Kogen Hotel Arrive 11:00 Akakura Gymnasium	
From Awards Ceremony to JR Nagano Station		
9/15(Mon)	Depart 13:00 – Arrive 14:00 Nagano Sta.	Departs from: Akakura Gymnasium
From Awards Ceremony to Madarao Kogen		
9/15(Mon)	Depart 13:00 – Via 13:30 Restaurant Heidi – Arrive 13:35 Madarao Kogen Hotel	Departs from: Akakura Gymnasium