

Bus Schedule

*See map for bus locations

Bus from Iiyama Station to Madarao Kougen		
9/13 (Sat)	Departs 8:50	Departs from: JR Iiyama Station (Madarao Exit)
Madarao Kougen Loop Shuttle Bus (*1)		
9/13 (Sat)	11:00 – 19:20 (loops every 25 minutes) Last bus at 19:20 (departs from Restaurant Heidi after the start of the 100mile race) (*1) This free shuttle bus loops around the Madarao Kougen hotel area and Heidi Restaurant. The entire loop takes around 25 minutes. No reservations required.	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kougen Hotel, Parking Lot #5, <u>Bounandai</u> , Monair Madarao MAP
Madarao Kougen Loop Shuttle Bus (*1) (For 110km)		
9/14(Sun)	3:30 – 4:40 (loops every 25 minutes)	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kougen Hotel, Parking Lot #5, <u>Bounandai</u> , Monair Madarao
100mie Pacer shuttle bus (From Madarao Kougen Hotel to Kurohime Kougen Hotel)		
9/14(Sun)	Depart 4:20 Madarao Kougen Hotel Arrive 5:30 Kurohime Kougen Hotel	The bus will stop by a convenience store. (The aid station is about a 7 minutes walk from the Kurohime Kougen Hotel)
110km Pacer shuttle bus (From start line to Sasagamine Cutoff point #2)		
9/14(Sun)	Depart 7:00 Restaurant Heidi Arrive 10:30 Sasagamine	The bus will stop by a convenience store and spectator spots along the way.
From Finish Line to Madarao Kougen (Mountain Lodge)		
9/14(Sun)	15 :00 – next day 4:30 (every 30 minutes) For the Mountain Lodge, get off at “Madarao kougen Hotel”.	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kougen Hotel, Parking Lot #5, Bounandai (no stops), Monair Madarao Stops by convenience store.
From Madarao Kougen (Mountain Lodge) to Awards Ceremony		
9/15(Mon)	Depart 10:20 Madarao Kougen Hotel Arrive 11:00 Akakura Gymnasium	
From Awards Ceremony to JR Nagano Station		
9/15(Mon)	Depart 13:00 – Arrive 14:00 Nagano Sta.	Departs from: Akakura Gymnasium
From Awards Ceremony to Madarao Kougen		
9/15(Mon)	Depart 13:00 – Via 13:30 Restaurant Heidi – Arrive 13:35 Madarao Kougen Hotel	Departs from: Akakura Gymnasium