

# Bus Schedule

\*See map for bus locations

<b>Bus from Iiyama Station to Madarao Kougen (Bus reservation required) JPY 700 YEN(per person)</b>		
9/14 (Sat)	Departs 8:50	Departs from: JR Iiyama Station (Madarao Exit)
<b>Madarao Kougen Loop Shuttle Bus (*2)</b>		
9/14 (Sat)	11:00 – 19:20 (loops every 25 minutes) Last bus at 19:20 (departs from Restaurant Heidi after the start of the 100mile race)  (*2) This free shuttle bus loops around the Madarao Kougen hotel area and Heidi Restaurant. The entire loop takes around 25 minutes. No reservations required.	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kougen Hotel, Parking Lot #5, Bounandai, Monair Madarao  <a href="#">MAP</a>
<b>Madarao Kougen Loop Shuttle Bus (*2) (For 110km)</b>		
9/15(Sun)	3:30 – 4:40 (loops every 25 minutes)	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kougen Hotel, Parking Lot #5, Bounandai, Monair Madarao
<b>100mie Pacer shuttle bus (From Madarao Kougen Hotel to Kurohime Rising Sun Hotel) (Bus reservation required) JPY 1,200YEN(per person)</b>		
9/15(Sun)	Depart 4:20 Madarao Kougen Hotel Arrive 5:30 Kurohime Rising Sun Hotel	The bus will stop by a convenience store. (The aid station is about a 7 minutes walk from the Rising Sun Hotel)
<b>110km Pacer shuttle bus (From start line to Sasagamine Cutoff point #2) (Bus reservation required) JPY 2,000 YEN(per person)</b>		
9/17(Sun)	Depart 7:00 Restaurant Heidi Arrive 10:30 Sasagamine	The bus will stop by a convenience store and spectator spots along the way.
<b>From Finish Line to Madarao Kougen (Mountain Lodge)</b>		
9/17(Sun)	15 :00 – next day 4:30 (every 30 minutes) For the Mountain Lodge, get off at “Madarao kougen Hotel”.	<Bus stops> Restaurant Heidi, Nozomigaoka, Madarao Kougen Hotel, Parking Lot #5, Bounandai(no stops), Monair Madarao Stops by convenience store.
<b>From Madarao Kougen (Mountain Lodge) to Awards Ceremony (Bus reservation required)</b>		
9/18(Mon)	Depart 10:20 Madarao Kougen Hotel Arrive 11:00 Akakura Gymnasium	
<b>From Awards Ceremony to JR Nagano Station (Bus reservation required) JPY 1,800 YEN(per person)</b>		
9/18(Mon)	Depart 13:00 – Arrive 14:00 Nagano Sta.	Departs from: Akakura Gymnasium
<b>From Awards Ceremony to Madarao Kougen (Bus reservation required) JPY 1,000 YEN(per person)</b>		
9/18(Mon)	Depart 13:00 – Via 13:30 Restaurant Heidi – Arrive 13:35 Madarao Kougen Hotel	Departs from: Akakura Gymnasium